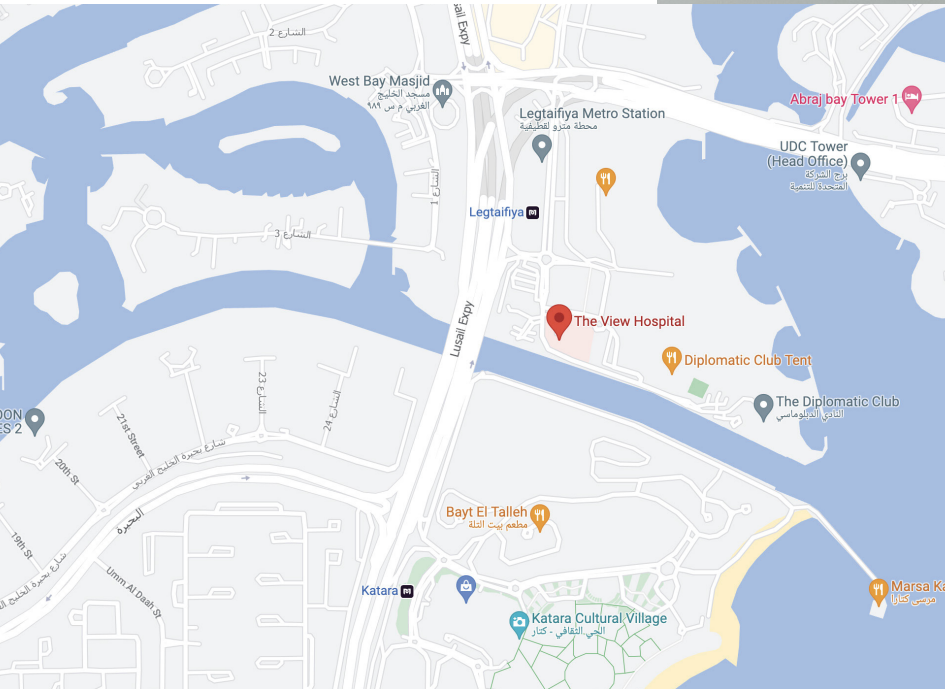




**THE VIEW
HOSPITAL**

In Affiliation With
 Cedars
Sinai



Home Healthcare Services



Book your Appointment
8000777

**Rehabilitation
Home Healthcare**

theviewhospital.com

What are Rehabilitation Home Healthcare Services?

Rehabilitation Home Healthcare Services by The View Hospital provide personalized and comprehensive care to patients in the comfort of their own homes. Our expert team develops individualized rehabilitation plans, programs, and goals tailored to each patient's unique needs and conditions. We offer a wide range of services to promote recovery, enhance mobility, and improve the quality of life.

Scope of Practice:

- ✓ **Development of Individual Rehabilitation Plans:** Customized programs and goals to support patient recovery.
- ✓ **Functional Rehabilitation:** Assistance in regaining physical abilities and independence.
- ✓ **Mobility Progression and Education:** Guidance on improving movement and mobility.
- ✓ **Strength Training:** Exercises to build muscle strength and endurance.
- ✓ **Proprioceptive and Balance Training:** Techniques to enhance coordination and balance.
- ✓ **Manual Physiotherapeutic Techniques:** Hands-on therapies to support physical recovery.
- ✓ **Activities of Daily Living Oriented Progression:** Assistance with everyday tasks such as washing and dressing.
- ✓ **Cognitive Rehabilitation:** Strategies to improve cognitive function and skills.

Pain Management:

- ✓ **Use of Pain Modulation Adjuncts:** Techniques such as TENS, cryotherapy, and dry needling.
- ✓ **Hands-On Physiotherapeutic Techniques:** Including massage, trigger point release, manual stretches, and joint mobilization.
- ✓ **Relaxation Techniques:** Methods to promote relaxation and reduce stress.
- ✓ **Tailored Exercise Programs:** Custom exercises to address the root cause of pain and alleviate discomfort.
- ✓ **Home Environmental Assessments:** Evaluations to ensure a safe and independent living environment.

Other services:

- Post-Operative Rehabilitation
- Neuro Rehabilitation
- Musculoskeletal Pain and Dysfunction
- Fall Prevention Programs
- Geriatric Gait, Balance, and Strength Training
- Chronic Disease Management

Our Rehabilitation Services are designed to foster independence, improve function, and promote overall well-being for patients recovering from surgery, dealing with chronic conditions, or facing age-related challenges.

Rehabilitation Home Healthcare Services Packages

Rehabilitation Home Healthcare - 1 visit

1,400 QAR

Rehabilitation Home Healthcare - 5 visits

6,500 QAR

Packages include:

- Therapists time at home for a maximum of one hour per visit
- Transportation

PROCESS OF ADMISSION

A Home Healthcare Services Coordinator will perform an eligibility assessment to determine if you qualify for admission. If you are eligible, we will process your information to confirm the services are appropriate for you.

Once admitted to our services, we will provide you with detailed information about the services and grant you access to The View Hospital's mobile App.

You or a responsible family member will be asked to sign a general consent form. This consent allows Home Healthcare Services staff to provide routine care in your home. The form includes information about home healthcare visit schedules, routine treatments, and procedures, as well as an agreement to respect the home healthcare staff and ensure a safe working environment in your home.

Working Hours

Hours of Operation: From 08:00 to 20:00, Sunday to Thursday.
24-Hour Support: Available as required, including on-call support.

Services are delivered by registered and licensed nurses from The View Hospital Rehabilitation Team.

How do I request Rehabilitation Home Healthcare Services?

You can contact us through the following telephone number:
24/7 Call Center - 8000777

Terms and Conditions

- Payment in full required upfront before any visits
- Home visits to last a maximum of one hour
- Visits can be rescheduled with 24 hours' notice by contacting the Call Center
- All planned visits cancelled within 24 hours are chargeable, unless a critical Emergency is confirmed
- If a visit occurs and the patient is not home, after 15 minutes, the visit will be cancelled and is non-refundable
- The package of 5 visits to be utilized within 60 days
- All packages are non-refundable
- Insurance is not applicable for these packages
- Referral to be placed prior to initial assessment by physician and is a self-paid (non-insured) service.